



Opioid and Stimulant Use Disorder

Professional Resources

Overview

The following is a collection of protocols, toolkits, and guidance materials supporting federal, state, and community-based agencies' efforts to implement best practices leading to systems change, improved outcomes, enhanced access, and improved delivery of substance use disorder services. This list will be updated with additional and new resources on a quarterly basis.

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Protocols

Includes 18-24

[Special Populations: Adolescents \(Chapter 10\) The ASAM National Practice Guideline-Special Populations: Adolescents \(Chapter 10\)](#)– This resource is to support states in their ongoing efforts to introduce SUD service coverage and delivery system reforms by providing information about the preventive, treatment, and recovery services and the levels of care comprising the continuum of SUD care. It also provides an overview of nationally developed guidelines for SUD treatment criteria, including provider and service standards for each level of care. In addition, it provides useful tools and examples of state-based initiatives that can assist states in their efforts to ensure that care is delivered consistent with industry standard SUD treatment guidelines and that Medicaid beneficiaries receive the most appropriate services given their treatment and recovery needs.

Published by: American Society of Addiction Medicine (ASAM), 2020 Focused Update

[Evidence-Based Strategies for Prevention Opioid Overdose: What’s Working in the United States](#) – This document was designed to assist community leaders, local and regional organizers, non-profit groups, law enforcement, public health, and members of the public in understanding and navigating effective strategies to prevent opioid overdose in their communities.

Published by: Centers for Disease Control and Prevention (CDC), 2018

[Matrix Intensive Outpatient Treatment for People with Stimulant Use Disorders: Counselor's Family Education Manual w/CD](#) – This manual is the Counselor’s Family Education Manual, one of the five resources that make up the comprehensive Matrix Intensive Outpatient Treatment for People with Stimulant Use Disorders (IOP) package.

Published by: Substance Abuse and Mental Health Services Administration (SAMHSA), 2016

[Fast Track](#) - A comprehensive intervention designed by four universities to provide academic tutoring and lessons that regulate behavior leading to SUD beginning in kindergarten and ending with high school graduation.

Published by Conduct Problems Prevention Research Group, n.d.

[Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders: Counselor's Treatment Manual](#) – This manual is the Counselor’s Treatment Manual, one of the five resources that make up the comprehensive Matrix Intensive Outpatient Treatment for People With Stimulant Use Disorders (IOP) package. This manual contains all the materials necessary for a counselor to conduct individual and group sessions using the Matrix IOP approach.

Published by: SAMHSA, 2013

[Medications for Opioid Use Disorder Treatment Improve Protocol TIP Series 63](#) – This TIP reviews the use of the three U.S. Food and Drug Administration (FDA)-approved medications used to treat OUD—methadone, naltrexone, and buprenorphine—and the other strategies and services needed to support recovery for people with OUD.

Published by: SAMHSA, 2018

[Screening and Assessing Adolescents for Substance Use Disorders TIP Series 31](#) – This manual provides guidelines in screening and assessing teens for substance use conditions. It covers confidentiality laws and screening and assessment in juvenile justice settings. The manual also includes screening and assessment tools.

Published by: SAMHSA Center for Substance Abuse Treatment (CSAT), 1998 (first published)



[Treatment of Stimulant Use Disorders](#) – This guide discusses effective practices to treat SUDs, clinical challenges associated with these disorders, and implementation strategies that can be used to address those challenges. Use this guide to identify treatment practices you can implement to address stimulant use in your healthcare settings and communities.

Published by: SAMHSA, 2020

[Working with Adolescents: Practice Tips and Resource Guide](#) – This resource highlights adolescence as a unique stage of development that requires professionals to take a tailored and collaborative approach. It also provides a comprehensive array of adolescent services, terminology, policy considerations, and practice strategies to support those working with adolescents through a family-centered lens.

Published by: SAMHSA, n.d.

[Don't "Waive" Goodbye to Education for Opioid Use Disorder](#)- In this article, the authors discuss the previous limitations of mandatory X-waiver training requirements and provide considerations focused on education to ensure our health care workforce is appropriately prepared to diagnose and treat patients with OUD and respond to this national crisis.

Published by: National Academy of Medicine, October 2021

[Community Response Checklist](#) – This checklist has resources focusing on prevention, treatment, harm reduction, and recovery. It presents effective policies and programs that communities have implemented.

Published by: Brandeis Opioid Resource Connector, n.d.

[Addressing the Opioid Crisis in American Indian & Alaska Native Communities in California: A Statewide Needs Assessment](#) This report recognizes the need to address the opioid overdose crisis in AIAN communities for youth and adults in California and aims to identify gaps in prevention, treatment, and recovery services (including medication-assisted treatment, or MAT) targeted to these communities.

Published by: University of Southern California, 2021

Substance Use Disorders – Youth Specific

[Substance Abuse Treatment \(Adolescent\)](#) – Substance Abuse Treatment (adolescent) is defined by the CEBC as the treatment of adolescents (ages 12-17) with active substance use issues, including alcohol, marijuana, and/or other drugs. The CEBC has evaluated only replicable programs that do not use medication as a component of treatment and focused on treatment programs, as opposed to programs designed to prevent the onset of substance use. Treatment can occur in a variety of settings, including outpatient, day treatment, residential, or inpatient, and may involve detoxification, counseling, education, relapse prevention training, life skills training, and self-help groups. Although many of these treatment programs may also be used in adults, the CEBC review and rating examines the research base for these treatments in adolescents only.

Published by: The California Evidence-Based Clearing House for Child Welfare, 2019

[Youth Services Policy Manual](#) – The purpose of the Youth Services Policy Manual (YSPM) is to provide instruction for the delivery of SUD services for adolescents in California funded by federal and state funds. The YSPM sets the minimum standards for delivery of services along with considerations for services across the Continuum of Care (COC). It is also hoped that this policy manual will serve as an educational resource for policymakers and professionals working in other youth services systems and a guide for juvenile and family court judges for choosing and placing adolescents in effective programs,

Published by: California Department of Health Care Services (DHCS), 2016

Guidelines



[Addressing the Mental Health of Racial and Ethnic Minority Youth](#) – This is a guide for practitioners providing strategies for addressing the mental health needs of youth.

Published by: American Psychological Association (APA), 2017

[Adolescent SBIRT](#) – This curriculum offers skills-based education on Adolescent Screening, Brief Intervention, and Referral to Treatment (SBIRT). The curriculum is comprised of an instructor’s toolkit containing the Learner’s Guide to Adolescent SBIRT with companion slide decks and supplemental resources, and the web based SBI with Adolescents simulation program.

Published by National Institute on Drug Abuse (NIDA) for Teens, n.d.

[American Academy of Pediatrics: Policy Statement on Medication-Assisted Treatment of Adolescents with Opioid Use Disorders](#) – This is the American Academy of Pediatrics’ policy statement about MAT for adolescents with OUDs. Recommendations include:

- Increasing resources for MAT within primary care and access to developmentally appropriate
- SUD counseling in community settings,
- Offering MAT to adolescent and young adult patients with severe OUD or discuss referral to other providers for this service among pediatricians; and
- Supporting further research focusing on developmentally appropriate treatment of SUDs in adolescents and young adults, including primary and secondary prevention, behavioral interventions, and medication treatment.

Published by American Academy of Pediatrics (AAP), 2016

[Applying CDC’s Guideline for Prescribing Opioids: An Online Training Series for Providers](#) – This interactive online training series aims to help health care providers apply CDC’s recommendations in clinical settings through patient scenarios, videos, knowledge checks, tips, and resources. Providers can gain a better understanding of the recommendations, the risks and benefits of prescription opioids, nonopioid treatment options, patient communication, and risk mitigation. Each stand-alone module is self-paced and offers free continuing education credit.

Published by: Center for Health Care Strategies Inc., August 29, 2017

[Building Community Supports for Young People in Transition Years](#) – This tip sheet suggests ways providers can assist young people to strengthen their existing supports and/or to connect with other supports.

Published by: Pathways to Positive Futures, January 2016

[Buprenorphine Treatment for Young Adults](#) – This training package, consisting of a trainer and participant manual, as well as presentation slides, highlights the findings of the NIDA CTN study that compared long- versus short-term buprenorphine/naloxone treatment in an outpatient setting.

Published by: Addiction Technology Transfer Center (ATTC), January 2018

[Children and Trauma: Tips for Mental Health Professionals](#) – This tip sheet provides basic information every mental health professional should know about PTSD and trauma in youth; how to identify PTSD and/or trauma, and provide care to children, adolescents, and their families; and the pitfalls to avoid when encountering trauma and PTSD in youth.

Published by: APA, n.d.



[Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorder and Their Infants](#) - This publication provides comprehensive, national guidance for the optimal management of pregnant and parenting women with OUD and their infants based on the recommendations of experts reviewing the limited evidence available for this population as of 2017.

Published by: Substance Abuse and Mental Health Services Administration (SAMHSA), 2018

[Clinical Use of Extended-Release Injectable Naltrexone in the Treatment of Opioid Use Disorder: A Brief Guide](#) – This guide explains how to use extended-release injectable naltrexone as part of MAT of opioid use disorder. It covers assessing patients, initiating MAT, monitoring progress, and deciding when to end treatment.

Published by: SAMHSA, 2014

[Coverage of Behavioral Health Services for Youth with Substance Use Disorders Joint CMCS and SAMHSA Information Bulletin](#) – This bulletin is intended to assist states to design a benefit that will meet the needs of youth with substance use disorders (SUD) and their families and help states comply with their obligations under Medicaid’s Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) requirements.

Published by: Center for Medicaid and CHIP Services (CMCS), SAMHSA, January 26, 2015

[Decisions in Recovery: Treatment for Opioid Use Disorders](#) - This handbook provides guidance on using the web-based, multimedia tool Decisions in Recovery: Medications for Opioid Addiction. This handbook and the web-based tool offers information about medication-assisted treatment. Both resources help people living with opioid use disorder compare treatment options and discuss their preferences with a provider.

Published by: SAMHSA, December 2016

[Emerging Strategies for Engaging Young People in Systems of Care](#) – This tip sheet explores ways in which systems of care are developing new approaches and adaptations to delivery models to increase engagement among older youth and young adults.

Published by: Pathways to Positive Futures, 2019

[Ending Youth Homelessness Guidebook Series: Promising Program Models](#) – This series of three guidebooks is designed for Continuum of Care leadership and stakeholders to use as a direct, hands-on action plan in efforts to prevent and end youth homelessness, as they have been directed to ensure there is an effective and efficient system of care for all persons and households experiencing homelessness.

Published by: U.S. Department of Housing and Urban Development (HUD), n.d.

[Facing Addiction in America: The Surgeon General’s Report on Alcohol, Drugs, and Health](#) - This report discusses opportunities to bring substance use disorder treatment and mainstream health care systems into alignment so that they can address a person’s overall health, rather than a substance misuse or a physical health condition alone or in isolation. It also provides suggestions and recommendations for action that everyone—individuals, families, community leaders, law enforcement, health care professionals, policymakers, and researchers—can take to prevent substance misuse and reduce its consequences.

Published by: Office of the Surgeon General, November 2016

[First-Episode Psychosis and Co-Occurring Substance Use Disorders](#) – This guide supports health care providers, systems, and communities to address first-episode psychosis and co-occurring substance use disorders. It describes relevant research, examines emerging and best practices, identifies knowledge gaps and implementation challenges, and offers resources.

Published by: SAMHSA, August 2019



[General Principles for the Use of Pharmacological Agents to Treat Individuals with Co-Occurring Mental and Substance Use Disorders](#) – This manual offers general principles to assist in the planning, delivery, and evaluation of pharmacologic approaches to support the recovery of people living with Co-occurring disorders. It covers engagement, screening, assessment, treatment planning, and continuity of care.

Published by: SAMHSA, May 2012

[Guidance on Strategies to Promote Best Practice in Antipsychotic Prescribing for Children and Adolescents](#) – This guidance document gives a “bird’s eye view” of strategies to support best practice prescribing of antipsychotics for youth and summarizes the available evidence and principles to support these strategies.

Published by SAMHSA, March 2019

[Guidance to States and School Systems on Addressing Mental Health and Substance Use Issues in Schools](#) – This joint informational bulletin calls for the urgent need to identify children and adolescents who have or are at risk for mental and substance use disorders and connect them with other services they need. The bulletin outlines best practice models, discusses funding for school-based mental health and substance use related prevention and treatment services, and provides specific examples of state-level strategies for Medicaid and other financing of school-based mental health services.

Published by: SAMHSA and CMCS, July 1, 2019

[How Youth Partners Can Collaborate with Family Partners in Wraparound](#) – This practice brief, accompanied by a study guide, provides guidance on bridging connections between youth partners and family partners in wraparound teams.

Published by: Pathways to Positive Futures, April 2020

[Identifying Mental Health and Substance Use Problems of Children and Adolescents: A Guide for Child-Serving Organizations](#) – This manual offers guidance and tools for identifying mental illness or substance use issues early in children and adolescents in various settings, such as in schools, the juvenile justice and welfare system, and when receiving primary care.

Published by: SAMHSA, 2012

[Improving Access to Screening, Brief Intervention, and Referral to Treatment in Primary Care of Adolescents: Implementation Considerations](#) – This issue brief is about the implementation consideration of improving access to SBIRT for adolescents.

Published by: Center for Health Care Strategies, Inc., June 2019

[Is it ADHD or Child Traumatic Stress? A Guide for Clinicians](#) – This is a guide for clinicians in identifying traumatic stress in children.

Published by: Institute for Research, Education and Training in Addictions (IRETA), August 2016

[Medication-Assisted Treatment of Adolescents with Opioid Use Disorder](#) – This policy statement advocates for increasing resources to improve access to MAT for opioid-addicted adolescents and young adults.

Published by: American Academy of Pediatrics, Committee on Substance Use and Prevention, September 2016

[Mental Health: Universal School-Based Cognitive Behavioral Therapy Programs to Reduce Depression](#)



[and Anxiety](#) – A recommendation and systematic review evidence for universal school-based cognitive behavioral therapy programs to reduce depression and anxiety symptoms among school-aged children and adolescents.

Published by: The Community Preventive Services Task Force (CPSTF), September 2019

[Naloxone: Understanding Its Role and Expanding its Access in Community Pharmacies](#) – Drug overdose is the leading cause of unintentional death in the United States, and opioids are the most common cause of fatal overdoses. With the ability to stop an overdose in its tracks, naloxone is a lifesaving medication. Through this recorded webinar, learn about the laws surrounding its use, the available naloxone products, and the logistics of dispensing take-home formulations.

Published by: American Pharmacists Association (APhA), March 16, 2018

[Dead on Arrival Documentary](#) This video shares about the rise in young people dying from accidental overdose/poisoning due to fentanyl contamination.

Film by: Dominic Tierno and Christine Wood (2021).

[Opioid Use and Opioid Use Disorder in Pregnancy](#) – This American College of Obstetricians and Gynecologists (ACOG) Committee Opinion publicized its recommendations in treating and caring for women with an OUD in pregnancy.

Published by: ACOG and ASAM, 2017

[PAIN IN THE NATION SERIES: Building a National Resilience Strategy Addressing a Crisis: Cross-sector Strategies to Prevent Adolescent Substance Use and Suicide](#) – This report shines a light on the policies and programs that work and offers recommendations for meaningful action.

Published by: Trust for America's Health, October 2019

[Pediatricians First Responders for Preventing Substance Use](#) – This report examines the role of pediatricians in fighting substance use. The report identifies weak areas in training, tools, and support that pediatricians need to effectively speak with youth about not trying substances.

Published by: Hazelden Betty Ford Foundation, n.d.

[Practice Brief: Supporting the Youth Peer Workforce](#) – This brief provides guidance around organizational policy and procedure and supervision to youth peers.

Published by: Northwest Mental Health Technology Transfer Center, February 26, 2020

[Practical Tools for Prescribing and Promoting Buprenorphine in Primary Care Settings](#) - This resource provides information to primary care providers and practices on how to implement opioid use disorder treatment using buprenorphine. It identifies common barriers and strategies to overcome them. It documents step-by-step tactics to support buprenorphine implementation.

Published by: SAMHSA, December 2021

[Preventing Amphetamine-Type Stimulant Use Among Young People](#) - This guide is aimed at policymakers in the field of drug abuse prevention, highlighting the main problems with amphetamine-type stimulant (ATS) use and the various kinds of impact it can have at the social, personal, and physiological levels. In the second part, the guide discusses some key principles to keep in mind while developing policy and programs on ATS prevention.

Published by: United Nations Office on Drugs and Crime, 2007

[Prevention of Prescription Stimulant Misuse Among Youth](#) - The objective of this topic summary was to review programs and strategies aimed at preventing or reducing Prescription Stimulant Misuse (PSM) in youth attending middle school, high school or post-secondary school, and to provide information on the

effectiveness of the programs and strategies identified. This information is intended to be used by schools and universities seeking to develop their own programs or strategies to address the issue of PSM in their local settings. It can also inform a wider audience including policy makers, practitioners, frontline professionals, and the public on the issues related to PSM in youth.

Published by: Canadian Centre on Substance Abuse, 2016

[Principles of Adolescent Substance Use Disorder Treatment: A Research-Based Guide](#) – This guide addresses the abuse of illicit and prescription drugs, alcohol, and tobacco—and the special treatment needs for people aged 12 to 17.

Published by: National Institute of Drug Abuse (NIDA), January 2014

[Medications to Treat Opioid Use Disorder Research Report](#) This Research Report provides an overview regarding treatment approaches to treat Opioid Use Disorder.

Published by: National Institute on Drug Abuse, December 2021

[Promoting Positive Adolescent Health Behaviors and Outcomes: Thriving in the 21st Century](#) – This consensus study report identifies key program factors that can improve health outcomes related to adolescent behavior and provides evidence-based recommendations toward effective implementation of federal programming initiatives. This study explores normative adolescent development; the current landscape of adolescent risk behavior; core components of effective programs focused on optimal health; and recommendation for research, programs, and policies.

Published by: The National Academies of Sciences, Engineering, and Medicine, 2020

[State Adolescent Substance Use Disorder Treatment and Recovery Practice Guide](#) - Because the complex needs of this population are remarkably different from those of the traditional adult treatment population and requires different expertise and guidance to States on how their treatment and recovery systems can best serve adolescents, NASADAD and its federal and state partners collaborated to create this guidance document for states. This guidance is divided into three broad sections:

- Overarching principles of care;
- Service elements, including screening, assessment, and treatment and recovery services; and
- Administrative considerations for states.

Published by: National Association of State Alcohol and Drug Abuse Directors (NASADAD), September 24, 2014

[Suicide Safe](#) – This app equips health providers with education and support resources to assess a patient’s risk of suicide, communicate effectively with patients and families, determine appropriate next steps, and make referrals to treatment and community resources. Suicide Safe won the FedHealthIT Innovation Award in the Mobile/IoT Category and is a winner of a Silver Digital Health Award in the Mobile Health Resources Category from the Health Information Resource Center.

Published by: SAMHSA, February 2015

[Telehealth for Transition Age Youth and Young Adults](#) – This tip sheet provides options for protecting the emotional safety, privacy, and welfare of transition-age youth and young adults while they are participating in virtual mental health care.

Published by: Pathways to Positive Futures, 2017

[The Promise of Adolescence: Realizing Opportunity for All Youth](#) – This report, second in a series from the Culture of Health Program, examines the neurobiological and socio-behavioral science of adolescent development and identifies how these findings can be applied to four key sectors: health, education, justice, and child welfare.



Published by: *The National Academies of Sciences, Engineering, and Medicine, 2019*

[TIP 42: Substance Abuse Treatment for Persons with Co-Occurring Disorders](#) – This guide gives substance use disorder treatment providers information on mental illness, substance use disorders, or both. It discusses terminology, assessment, and treatment strategies and models.

Published by: *SAMHSA, May 2013*

[Tips for Talking with Adolescents](#) – This tip sheet offers ways to communicate with adolescents.

Published by: *APA, n.d.*

[What is Peer Support and What Is NOT Peer Support?](#) – This is a brief on what is youth peer support.

Published by: *Pathways to Positive Futures, 2017*

[Youth Risk Behavior Survey Results](#) - CDC's YRBSS is the only surveillance system designed to monitor a wide range of priority health behaviors and experiences among representative samples of high school students at the national, state, and local levels. Results help understand risks that contribute to the leading causes of death and disability among youth and young adults.

Published by: *Center for Disease Control, August 2020*

[2012 National Strategy for Suicide Prevention: Goals and Objectives for Action](#) – This revised national strategy emphasizes the role every American can play in protecting friends, family members, and colleagues from suicide. It also provides guidance for schools, businesses, health systems, clinicians, and many other sectors. This guidance considers nearly a decade of research and other advancements in the field since the last strategy was published.

Published by: *Office of the Surgeon General and National Action Alliance for Suicide Prevention, 2012*

Toolkits

Under 18

[Brief Screener for Tobacco, Alcohol, and Other Drugs \(BSTAD\)](#) – This tool consists of frequency of use questions to identify risky substance use by adolescent patients. The accompanying resources assist clinicians in providing patient feedback and resources for follow-up.

Published by: *National Institute on Drug Abuse (NIDA) for Teens, n.d.*

[Building on Strengths: Positive Approaches to Preventing Substance Use and Misuse Among Boys and Young Men of Color: Programs and Strategies At-a-Glance](#) – This tool is intended to help state- and local-level prevention practitioners identify effective and innovative programs that provide opportunities to, and improve outcomes for, boys and young men of color.

Published by: *Substance Abuse and Mental Health Services Administration's (SAMHSA's) Center for Application of Prevention Technologies, January 2016*

[Caring for Youth with Substance Use Disorders](#) - A screening to brief intervention tool for emergency departments and primary care physicians to identify and treat youth with SUD.

Published by: *Public Health Institute, California Bridge, August 2021*

[Drug Overdose Deaths in the United States](#) – This community assessment tool provides a snapshot of user-friendly, county-by-county data about drug overdose deaths and socio-economic conditions in a county to help leaders build grassroots solutions for prevention, treatment, and recovery.

Published by: *NORC at the University of Chicago, n.d.*

[Marijuana Prevention and Education Toolkit](#) – This is a set of marijuana prevention and education resources.

Published by the *New England Prevention Technology Transfer Center Network, October 4, 2019*

[Medication-Assisted Treatment: An eBook for Parents & Caregivers of Teens & Young Adults Addicted to Opioids](#) – This eBook helps parents/caregivers learn more about Medication-Assisted Treatment



(MAT)—what it is, how it is used, where to find it, and how they can best support their child going through treatment.

Published by: Partnership for Drug-Free Kids, 2016

[Overview of the K-12 Toolkit for Mental Health Promotion and Suicide Prevention](#) – This toolkit created by the Health Care Alliance for Response to Adolescent Depression (HEARD) in 2013 (updated in 2017), in response to a need for schools to promote student mental health and wellbeing, to prevent suicide and how to respond after a suicide loss. The toolkit convenes national best practices from SAMHSA, the NCSMH, and other organizations.

Published by: Mental Health Technology Transfer Center (MHTTC) Coordinating Office, August 8, 2019

[Screening to Brief Intervention \(S2BI\)](#) – This screening tool consists of frequency of use questions to categorize substance use by adolescent patients into different risk categories. The accompanying resources assist clinicians in providing patient feedback and resources for follow-up.

Published by: NIDA for Teens, n.d

[The Addiction Professional’s Mini Guide to SBIRT for Adolescents](#) - This webinar is designed specifically for addiction professionals and will introduce promising, feasible approaches to implementing evidence-based substance use screening and brief intervention (SBIRT) methods in therapeutic settings for adolescents.

Published by: NAADAC, The Association for Addiction Professionals, August 2021

[Two Brief Online Screening Tools](#) – NIDA has launched two brief online screening tools that providers can use to assess for substance use disorder risk among adolescents 12-17 years old. With the American Academy of Pediatrics recommending universal screening in pediatric primary care settings, these tools help providers quickly and easily introduce brief, evidence-based screenings into their clinical practices. [Screening to Brief Intervention (S2BI) and Brief Screener for Alcohol, Tobacco, and other Drugs (BSTAD)]

Published by: NIDA, May 2019

[Ways to Address the Opioid Epidemic in Youth and Young Adults](#) – This webinar discusses youth-oriented OUD prevention strategies, Motivational Interviewing for youth and young adults, and MAT for youth and young adults with an OUD.

Published by: Relias, 2018

[Helping Children Impacted by Parental Substance Use Disorder](#)- This toolkit offers resources for understanding adverse childhood events, what to look for if you suspect a child might have a parent with a substance use disorder, what you can do to help, and more.

Published by: Addiction Policy Forum, December 2021

Includes 18-24

[Behavioral Health Among College Students Information and Resource Kit](#) – This kit discusses the consequences of substance misuse among college students including the misuse of prescription and over-the-counter drugs. It explores various causal factors, such as peer pressure, stress, social norms, and advertising messages.

Published by: SAMHSA, 2018

[California’s Public Substance Use Disorder Treatment System for Youth: An Overview](#) – This resource addresses some of the unique needs of youth with a SUD, including Medi-Cal coverage of an SUD, the Consent and the State Only Medi-Cal Minor Consent Program, financing of public SUD services in California, promising practices, and considerations.

Published by: California Health Care Foundation, 2017



[CIN Toolkit: Three Strategies to Help Primary Care Teams Treat Substance Use Disorders](#) - This document is a guide for primary care organizations and care teams working to integrate substance use disorder (SUD) treatment services. It provides proven strategies, best practices, and tools used by organizations within California to expand the capability of primary care teams in commercial and safety-net sectors to provide SUD services confidently and willingly.

Published by: California Improvement Network, January 31, 2019

[Medication Assisted Treatment in Drug Courts: Recommended Strategies](#) – This report is designed to help drug court practitioners understand medication for addiction treatment (MAT) for opioid addiction and to provide strategies for incorporating MAT into their practice.

Published by: Legal Action Center (LAC), 2016

[Evidence-Based Interventions for Adolescent Opioid Use Disorder](#) - This report highlights the findings of reviewed literature and other resources describing evidence-based programs to identify interventions aimed to prevent, intervene early (such as screening and referral), and treat adolescent OUD.

Published by: The Urban Institute, 2018

[Medication Assisted Treatment in Residential Treatment Facilities](#) - With support from the California Health Care Foundation, Harbage Consulting created a toolkit for residential treatment facilities to increase access to MAT for clients residing in their facilities, either by providing medication services onsite or through referral and partnerships. The toolkit contains:

- A three-part booklet explaining the research supporting MAT, the process for receiving IMS approval, and how providers can become DATA 2000 waived to prescribe buprenorphine.
- An appendix with sample policies and procedures for providing IMS, so that facilities can quickly adopt the necessary measures to safely provide clients medications.

Published by: California Department of Health Care Services (DHCS), 2019

[Medication Assisted Treatment Toolkit for Counselors](#) - With support from DHCS, Harbage Consulting created a toolkit for substance use counselors to learn more about MAT and have conversations with their clients about how MAT can help them. The toolkit contains:

- A two-part booklet explaining the research supporting MAT, and how counselors can help clients who are receiving MAT as part of their treatment
- Two quick guide documents to the FDA-approved medications for opioids and alcohol use disorder
- A quick guide to helping clients find a MAT prescriber
- An instruction guide to using the overdose reversal drug Narcan
- A document from the National Council on Challenging Myths about MAT
- SAMHSA's MAT for Opioid Addiction - Facts for Family and Friends

Published by: California Department of Health Care Services (DHCS), 2019

[Methamphetamine Research Report](#) - This report provides an overview of the latest scientific findings on methamphetamine, including short- and long-term health consequences, effects on pregnancy, and potential prevention and treatment options.

Published by: NIDA, 2019

[Opioid Safety Toolkit for Health Plans](#) - This toolkit for health plans implementing opioid safety initiatives. The toolkit showcases best practices and success stories and provides practical tools across five areas:

1. Leadership and Change Management: How to mobilize your organization to make change



2. Provider Network: How to ensure your network provides safer pain management and evidence-based addiction treatment
3. Medical Management: How to coordinate care for high-risk members
4. Pharmacy Benefit: How to safely reduce new opioid starts and streamline access to buprenorphine and naloxone
5. Member Services: How to offer resources for members and their families/caregivers to learn about opioid safety and pain management

Published by: California Health Care Foundation and Manatt Health, 2019

[SAMHSA Opioid Overdose Prevention TOOLKIT](#) - This toolkit provides steps for first responders, information for prescribers, safety advice for patients & family members, and resources for overdose survivors and family members.

Published by: SAMHSA, 2018

[Stem the Tide: Addressing the Opioid Epidemic](#) - This toolkit includes resources for hospitals and health systems to share with clinicians and patients and to use to enhance partnerships within their communities. The information is categorized into eight topic areas:

1. Clinician education on prescribing practices
2. Nonopioid pain management
3. Addressing stigma
4. Treatment options for opioid use disorders
5. Patient, family, and caregiver education
6. Transitions of care
7. Safeguarding against diversion
8. Collaborating with communities

Published by: American Hospital Association, 2017

[Treatment of Stimulant Use Disorders: Current Practices and Promising Perspectives: Discussion Paper](#) -

The discussion paper aims at raising awareness about the latest scientific evidence concerning the treatment of this large and vulnerable population and makes a call for action to Member States to consider expanding specific treatment options and medical interventions.

Published by United Nations Office on Drugs and Crime, 2019

[Protecting Youth Mental Health](#) - This Advisory offers recommendations for supporting the mental health of children, adolescents, and young adults. While many of these recommendations apply to individuals, the reality is that people have widely varying degrees of control over their circumstances. As a result, not all recommendations will be feasible for everyone.

Published by: Surgeon General's Advisory, 2021

[Overdose Emergency Kit](#)- This is an informative resource to share with youth, young adults, families, and community members. Included are Overdose Kit Instructions Guide, Overdose First-Aid Brochure in English and Spanish, Good Samaritan Card, Proceed with Caution Card, and a Naloxone Prescription Card.

Published by: County of Los Angeles Public Health Substance Abuse Prevention and Control (SAPC), n.d.

Booklets

[Children and Trauma: Update for Mental Health](#) – This booklet provides a brief overview on what is known about post-traumatic stress disorder (PTSD) and trauma in children and adolescents; how providers can help children, adolescents, and their families cope and recovery from trauma; what still

needs to learned about the complexities of PTSD and trauma; and other resources.

Published by: American Psychological Association (APA), 2008

[Rites & Rituals: Bringing a Cultural Lens to Positive Youth Development for Black Girls](#) This reference guide addresses varying challenges in the development of Black girls that should be taken into consideration for a more diverse and inclusive use of positive youth development.

Published by: Mental Health Technology Transfer Center Network, 2022

Fact Sheets

[Mental Health Issues and Conditions in Children and Youth Exposed to Human-caused Disasters](#) – This is a disaster technical assistance center supplemental research bulletin focusing on mental health and substance use issues and conditions in children and youth after human-caused disasters.

Published by: Substance Abuse and Mental Health Services Administration (SAMHSA), July 2019

[Suicide Rising Across the U.S.: Vital Signs](#) – This fact sheet features suicide trends and circumstances contributing to suicide.

Published by: Centers for Disease Control and Prevention (CDC), June 2018

Webinars

[Low Barrier Access to Mental Health Services for Youth and Young Adults: What Works With What We've Got](#) – This recorded webinar explores low-barrier services for young adults of transition age experiencing or at risk for behavioral health challenges. Presenters discuss how low-barrier services can improve engagement and will identify strategies for integrating low-barrier policies and practices into organizational standards. Throughout the discussion, presenters provide examples of promising approaches that have been adopted by local communities, including the development of drop-in centers and peer-to-peer programs.

Published by: Pacific Southwest Mental Health Technology Transfer Center (MHTTC), April 30, 2019

[Suicide Prevention in School Part 2: Tools, Resources, and Programming](#) – This recorded webinar focuses on available and easily accessible tools, resources, and programming for suicide prevention in schools. Some highlighted programs include QPR, The American Foundation for Suicide Prevention, The Jason Foundation, and more.

Published by: Great Lakes MHTTC, September 4, 2019

[Transitional Age Youth Addiction Treatment](#) - The Addiction Technology Transfer Center Network (ATTC), AMERSA, and NORC at the University of Chicago have partnered to bring a series of 8 virtual events and recorded webinars examining special topics for working with adolescents and transitional age youth that relate to substance use and mental health conditions.

Published by: ATTC/AMERSA/NORC, July 2021

[Suicide Prevention in School Part 3: Implementing the SOS Program in Middle and High School](#) – SOS educates teens on warning signs of depression and suicide and teaches them how to support themselves or a friend using ACT: Acknowledge, Care, and Tell. SOS includes a vital screening component to help school student services staff identify at-risk youth and link them to needed services.

Published by: Great Lakes MHTCC, September 4, 2019

[Understanding Latino Youth Recovery: Issues, Assets and Creating Resilience](#) – This recorded webinar discussion explores the options of addressing risk rates of illicit drug use among Latino-Hispanic youth through peer support models

Published by: National Hispanic and Latino Addiction Technology Transfer Center, September 12, 2019

[The University of Michigan TRAILS Program: Implementing 3-Tiered Evidence-based MH Practices in K-](#)



[12 Schools](#) – This recorded webinar introduces the University of Michigan Transforming Research into Action to Improve the Lives of Students (TRAILS) model, which aims to make effective mental health accessible in all schools.

Published by: Great Lakes MHTCC, September 4, 2019