

## LGBTQIA2S+ Cultural Responsiveness Trainings & Readings Addendum

*Resources Listing Endorsed by the ACBH Pride Committee*

### Trainings

1. ACBH MHSA Community Based Learning Trainings, see LGBTQI2-S CBL Trainings and Toolkits: <https://acmhsa.org/innovation-community-based-learning/community-based-learning-trainings/>
2. Watch the **ACBH** Training page for ACBH Sponsored LGBTQIA2S+ trainings at the [ACBH Internal Staff site](#) and [ACBH Provider Staff site](#).
3. *SOGIE Data Collection: Do Ask, Do Tell! Collecting Data on SO and GI in Health Centers; Ensuring Readiness for Frontline Staff (National LGBT Health Ed Center—a Program of the Fenway Institute)*. (With many other recorded webinars); [https://www.lgbtqiahealtheducation.org/resources/in/collecting-sexual-orientation-and-gender-identity-data/type/video\\_webinar/](https://www.lgbtqiahealtheducation.org/resources/in/collecting-sexual-orientation-and-gender-identity-data/type/video_webinar/)
4. Two ACBH providers who regularly schedule LGBTQIA2S+ Cultural Responsiveness trainings:
  - a. **Fred Finch**. See their training page: [Register for Trainings | Fred Finch](#)
  - b. **A Better Way**. See their training page: [A Better Way Training \(abetterwayinc.net\)](#)
5. Creating a Healthcare Practice Welcoming to LGBT Seniors  
[https://www.udemy.com/course/creating-a-healthcare-practice-welcoming-to-lgbt-seniors/?ranMID=39197&ranEAID=msYS1Nvjv4c&ranSiteID=msYS1Nvjv4c-f08RAkf3yq3IHtH3gAj.7A&LSNPUBID=msYS1Nvjv4c&utm\\_source=aff-campaign&utm\\_medium=udemyads](https://www.udemy.com/course/creating-a-healthcare-practice-welcoming-to-lgbt-seniors/?ranMID=39197&ranEAID=msYS1Nvjv4c&ranSiteID=msYS1Nvjv4c-f08RAkf3yq3IHtH3gAj.7A&LSNPUBID=msYS1Nvjv4c&utm_source=aff-campaign&utm_medium=udemyads)
6. **Gay and Lesbian Medical Association of Health Care Providers:**
  - a. *Quality Healthcare for Lesbian, Gay, Bisexual & Transgender People: A Four-Part Webinar Series*  
This cultural competence four-part webinar series will explore the health concerns and healthcare of LGBTQ people and is open to

anyone. The webinars are free and include content that has broad relevance to clinicians, administrators, researchers and academics alike. All are welcome and encouraged to attend and view the archives. CME and CNE are not offered as a part of this series. [Click here for more information or to view the archives.](#)

- b. *This 3-part webinar series is a project of **GLMA** in collaboration with the **Hopkins Center for Health Disparities Solutions, Johns Hopkins Bloomberg School of Public Health.***

- c. *Part 1: Understanding the Health Needs of LGBT People: An Introduction*

[Click here](#) to access the archived webinar.

*Part 1 of the series, Quality Healthcare for Lesbian, Gay, Bisexual & Transgender People, explores the unique health needs of LGBT people. During this introduction to LGBT health, speakers provide an overview of associated terminology and concepts, describe social issues that impact the health and well-being of LGBT people and discuss specific clinical considerations for LGBT people. [Click here](#) to read more about Part 1.*

*Part 2: Creating a Welcoming and Safe Environment for LGBT People and Families*

[Click here](#) to access the archived webinar.

*Building on the first part of GLMA's cultural competence webinar series exploring the health concerns and healthcare of lesbian, gay, bisexual and transgender (LGBT) people, Part 2 will focus on creating a welcoming and safe healthcare environment. LGBT people face many barriers in accessing healthcare including discrimination, lack of access, misunderstanding and fear. As a consequence, many LGBT people do not regularly access appropriate and timely care. The more informed healthcare professionals are, the more comfortable LGBT patients and clients will feel in an environment that is often alienating, disrespectful and traumatic. In order to create a more welcoming environment, it is essential to look at each aspect from the front desk*

to the clinical level. [Click here](#) to read more about Part 2.

Part 3: Clinical Skills for the Care of Transgender Individuals

[Click here](#) to access the archived webinar.

*Building on the first two parts of GLMA's cultural competence webinar series exploring the health concerns and healthcare of lesbian, gay, bisexual and transgender (LGBT) people, Part 3 will focus on clinical skills for the care of transgender individuals, including behavioral health. The webinar will be framed using GLMA's Top Ten Things Transgender Persons Should Discuss with their Health Providers, an evidence-based patient education resource. During this 90 minute webinar, the presenters will provide clinical best practices on salient health issues for the transgender population. [Click here](#) to read more about Part 3.*

7. The **LGBT Health Ed Center**. Many pre-recorded Behavioral Health Webinars: <https://www.lgbtqiahealtheducation.org/resources/in/behavioral-health/type/video,webinar/>  
Many more categories and webinars, learning modules, publications and more. <https://www.lgbtqiahealtheducation.org/resources/>
8. Trainers Available from **The YMSM+LGBT Center of Excellence** conducted five Training of Trainers (ToT) events over the course of the grant period on our new curriculum titled, "**A Provider's Introduction to Substance Abuse Treatment for Lesbian, Gay, Bisexual and Transgender Individuals (2<sup>nd</sup> Edition)**". During the ToT participants were trained to conduct this new full-day training, which is intended for anyone in contact with LGBT individuals (including *MH and SUD clinicians, HIV providers, State, Local and County government employees, Primary care providers, Public health practitioners, Prevention specialists, Community based organizations, School teachers and Counselors*). The full-day curriculum consists of six training modules, beginning with an introduction to key terms and concluding with treatment considerations for clinical work. The other four modules address the specific needs of lesbian, gay, bisexual, and transgender individuals. <https://www.ymsmlgbt.org/tot/>

## Readings

9. *Making the Invisible Visible: LGBTQI2-S MH Consumers of Alameda County. Final Report Making Invisible Visible HHREC-online (acmhsa.org)*
10. *First, Do No Harm: Reducing Disparities for LGBTQQ Populations in CA; SAMHSA Guides; Best Practices in LGBT Elder Health Care:*  
[https://lhc.ca.gov/sites/lhc.ca.gov/files/Reports/225/ReportsSubmitted/CRDP LGBTQReport.pdf](https://lhc.ca.gov/sites/lhc.ca.gov/files/Reports/225/ReportsSubmitted/CRDP%20LGBTQReport.pdf)
11. *Advancing Effective Communication, Cultural Competence, and Patient- and Family-Centered Care for the LGBT Community: A Field Guide (The Joint Commission and the CA Endowment).* [https://www.jointcommission.org/-/media/enterprise/tjc/imported-resource-assets/documents/lgbtfieldguide\\_web\\_linked\\_verpdf.pdf?db=web&hash=1EC363A65C710BCD1D4E14ED120CB237](https://www.jointcommission.org/-/media/enterprise/tjc/imported-resource-assets/documents/lgbtfieldguide_web_linked_verpdf.pdf?db=web&hash=1EC363A65C710BCD1D4E14ED120CB237)
12. *Guidelines for Care of LGBT Patients; GLMA.*  
[http://glma.org/data/n\\_0001/resources/live/GLMA%20guidelines%202006%20FINAL.pdf](http://glma.org/data/n_0001/resources/live/GLMA%20guidelines%202006%20FINAL.pdf)
13. *Caring for Lesbians and Bisexual Women: Additional Considerations for Clinicians; GLMA.*  
<https://rainbowwelcome.org/uploads/pdfs/GLMA%20guidelines%202006%20FINAL.pdf>
14. *Caring for Gay and Bisexual Men: Additional Considerations for Clinicians; GLMA.*  
<https://rainbowwelcome.org/uploads/pdfs/GLMA%20guidelines%202006%20FINAL.pdf>
15. *Additional GLMA Publications:*  
<http://www.glma.org/index.cfm?fuseaction=Page.viewPage&pageId=622&parentID=534&nodeID=1>
16. *APA LGBT Resources and Publications*
  - a. *Answers to Your Questions for a Better Understanding of Sexual Orientation & Homosexuality;* American Psychological Association.  
<https://www.apa.org/topics/lgbtq/orientation>

- b. [Transgender Identity Issues in Psychology](#)
  - c. [Guidelines for Psychological Practice with Transgender and Gender Nonconforming People \(PDF, 472KB\)](#)
  - d. [Sexual orientation and gender identity](#)
  - e. [Answers to Your Questions for a Better Understanding of Sexual Orientation and Homosexuality](#)
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- f. [Psychological Practice with LGBT People](#)
  - g. [APA LGBT Resources and Publications](#)

Resources on serious mental illnesses, homosexuality, sexuality, sexual orientation, intersex conditions and gender identity, international network, sexual orientation and military service, practitioner resources and publications, amicus briefs and awards.  
*Web Page (December 2020)*
  - h. [Answers to your Questions About Transgender People, Gender Identity and Gender Expression \(versión en español\)](#) is an introductory brochure developed for a general audience to help with most frequently asked questions about this topic. (Previously titled "Answers to Your Questions About Transgender Individuals and Gender Identity.")
  - i. [Report by the Task Force on Gender Identity and Gender Variance](#)

The six-member task force spent more than two years reviewing the scientific literature, as well as APA policies regarding transgender issues. It was also charged with developing recommendations for education, professional training and further research into transgenderism, and proposing how APA can best meet the needs of psychologists and students who identify as transgender or gender-variant.
  - j. [Div. 44 Committee for Transgender People and Gender Diversity](#)
    - i. [Fact Sheet: Non-Binary Gender Identities \(PDF, 158KB\)](#)
    - ii. [Fact Sheet: Gender Diversity and Transgender Identity in Adolescents \(PDF, 130KB\)](#)

iii. [Fact Sheet: Gender Diversity and Transgender Identity in Children \(PDF, 75KB\)](#)

- k. [A Consumer's Guide for Parents and Guardians of Gender Diverse Children and Adolescents: 10 Considerations for Finding a Gender Competent Therapist for Your Child \(PDF, 255KB\)](#)

A resource for helping parents and guardians make informed decisions when seeking psychological support services for their children who are working through gender identity issues.

- l. [Trans Resource Guide: A Guide for Supporting Trans and Gender Diverse Students \(PDF, 309KB\)](#)

This guide provides a safe learning environment for trans and gender diverse students who continue to be marginalized in many aspects of their lives.

- m. [Handbook of Sexual Orientation and Gender Diversity in Counseling and Psychotherapy](#)

This volume examines the diverse body of scholarship and research on sexual minority, transgender, and gender non-conforming psychology, and describes how practitioners can provide clients with flexible and affirmative mental health services.

*Book/Monograph (September 2016)*