

Strengths Model Case Management Workshops



Presenters:

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We are offering a three-day workshop each month through June, 2021.

March 22, 24, 25 - [REGISTER](#)

April 19, 20, 22 - [REGISTER](#)

May 17, 18, 20 - [REGISTER](#)

June 21, 22, 24 - [REGISTER](#)

Time: 9:00 AM – 1:00 PM first 2 days, 9:00 – 2:00 3rd day

Location: Zoom webinar

Training Fees: \$600 per attendee

Questions? Contact Robin Texeira, rtexeira@cibhs.org.

Workshop Overview

The Strengths Model is a recovery-oriented, evidence-based case management model developed in the early 1980's in response to traditional mental health approaches that often focused on pathology and diagnosis, held low expectations for what people with mental illnesses could achieve in their life, and frequently used stabilization and maintenance as measures of success. The model is designed to help people identify meaningful and important recovery goals and then mobilize highly individualized strengths to achieve them. This workshop is intended for case managers, clinicians, case management supervisors, and peer support workers.

Workshop Topics:

- Overview of the Strengths Model
- Engaging with people in their recovery journey
- Using the Strengths Assessment
- Goal planning
- Intentional use of naturally-occurring resources
- Using the Personal Recovery Plan
- Group Supervision

Learning Objectives

1. Participants will be able to name at least three, key, recovery-oriented outcomes of high-fidelity Strengths Model Case Management practice with public behavioral health clients.
2. Participants will be able to use the Strengths Assessment tool to record one or more strengths in their most usable form to improve case management services for public behavioral health clients.
3. Participants will be able to write one or more meaningful and important goals based on a Strengths Assessment to improve case management practice with public behavioral health clients.
4. Participants will be able to differentiate between one or more goals verbalized by clients and "active ingredients" that clients hope will be derived from

their goals to improve case management services for public behavioral health clients.

5. Participants will be able to use clients' Personal Recovery Plans to break down goals into one or two measurable steps to help public behavioral health clients progress toward goals that are meaningful and important to them.
6. Participants will be able to name the six steps in a Strengths Model Group Supervision case presentation for promoting a strengths-based lens in public behavioral health care settings.

Continuing Education

LMFT, LPCC, LEP and/or LCSW Credit: CIBHS is an approved provider for the California Association of Marriage and Family Therapists (CAMFT) to sponsor continuing education. CIBHS maintains responsibility for this program/course and its content. Course meets the qualifications for 10.25 hours of continuing education credit for LMFTs, LPCCs, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences. (Provider Number 70799). All activities in this training are offered for continuing education credit excluding any breaks. If you have any questions or concerns regarding the CE hours or program, or comments, concerns or ADA requests, please contact us at conferences@cibhs.org.

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