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CIBHS provides support through all phases of the implementation process, which would include:

- Pre-implementation – This involves activities such as determining outcome measures to evaluate effectiveness, define processes to use data to guide continual improvement efforts, determine organizational structures and supports needed to implement the practice effectively, identify members of the leadership team to oversee implementation efforts, and identify a champion(s) to keep the Strengths Model on the organizational agenda.
- Initial two-day Strengths Model workshop – The goal of this two-day workshop is to help staff understand how the tools, theory, methods, and practice interventions fit together. Helping staff understand the “big picture” of the work ahead will provide a context for the skill development that will occur during the implementation phase. Staff will have the opportunity to practice using the tools and ask questions in a safe, learning environment.
- Implementation – This involves skill-building exercises, topic-specific coaching calls for both supervisors and case managers, reviewing tools and providing feedback, process feedback through field mentoring, and support to establish strengths-based group supervision. Coaching calls and/or on-site skill building workshops would be used to help staff build skills in areas such as: engaging people around their definition of recovery; assessing strengths; understanding motivation and goal setting; understanding the “active ingredients” desired through specific goal pursuits; providing stage-appropriate treatment; use of naturally-occurring resources (including family and social supports); maximizing choice and autonomy; generating movement through an iterative process of personal goal planning; and working towards graduated disengagement. The supervisory support methods and techniques used within the Strengths Model will help ensure that staff can apply these skills in actual practice.
- Sustainability – This involves fidelity reviews to determine alignment with specific practice standards, detailed fidelity reports to guide improvement efforts, and access to practice consultants to answer questions. CIBHS plans to develop a website to provide resources to support sustainability efforts and develop a learning community for Strengths Model sites to interact and provide mutual support.