

## Strengths Assessment

*For Elizabeth W.*

<b>Current Strengths:</b> What are my current strengths? (i.e. talents, skills, personal and environmental strengths)	<b>Individual's Desires, Aspirations:</b> What do I want in my life?	<b>Past Resources – Personal, Social, &amp; Environmental:</b> What strengths have I used in the past?
<b>Home/Daily Living</b>		
<ul style="list-style-type: none"> <li>- Currently living with parents (nice to have someone to eat meals with and do things with)</li> <li>- has own room: a place to get away if needed</li> <li>- grocery store close by</li> <li>- "I'm able to almost everything on my own"</li> </ul>	<p>"I want my own apartment at Hitchcock Towers"</p>	<ul style="list-style-type: none"> <li>- Had own apartment in Stillwell, OK for 5 months in 2004</li> <li>- Did my own laundry, cooking cleaning, etc.</li> </ul>
<b>Assets - Financial/Insurance</b>		
<ul style="list-style-type: none"> <li>- Currently receives \$573 in SSI</li> <li>- Has Medicaid</li> <li>- Mom is rep payee (nice not to have to think about paying all the bills)</li> <li>- Will qualify for food stamps if I get my own place</li> </ul>	<p>"I want to be able to make my own decisions about what I spend my money on"</p>	<ul style="list-style-type: none"> <li>- When in own apartment was able to pay my bills on my own</li> </ul>
<b>Employment/Education/Specialized Knowledge</b>		
<ul style="list-style-type: none"> <li>- Have been searching for a job on my own</li> <li>- Knowledgeable and skilled around housekeeping responsibilities</li> <li>- Knowledgeable about basic childcare</li> <li>- Knows basic first aid</li> </ul>	<p>"I want to get a job in a daycare center or some type of job working with kids"</p>	<ul style="list-style-type: none"> <li>- Worked with mother doing housekeeping at several different motels</li> <li>- Graduated from high school in Mississippi</li> <li>- Took childcare course when I was a teenager</li> <li>- Has done babysitting for family members and others</li> </ul>
<b>Supportive Relationships</b>		
<ul style="list-style-type: none"> <li>- Mom (Sarah) is my biggest support (listens to me and can cheer me up)</li> <li>- Brother (Roy) can take me places if I need anything</li> <li>- Friend (Hanna in Oklahoma) –we still talk on the phone occasionally</li> </ul>	<p>"I would like to have more friends here in Kansas"</p>	<p>"I have always been close with my mom and brother"</p> <p>Ex-boyfriend (Kevin) used to be good support ("He helped build my confidence in myself")</p>



