

Sheila Tsai Wu, Ph.D.

Dr. Wu is the assistant director of Asian Pacific Counseling and Treatment Centers (APCTC) in Los Angeles and a licensed psychologist in California. She has been with APCTC since 1992 after completing her National Institute of Mental Health post-doctoral fellowship at the Neuro-Psychiatric Institute, University of California, Los Angeles. Her areas of expertise include culturally and linguistically competent mental health treatment modalities for members of Asian and Pacific Islander communities, including children, youths, adults, and older adults.

Dr. Wu was the principal investigator of the Family Connections replication study. She is a trainer for Caring for Our Family (CFOF) program, a Community Defined Evidence model in LA County. She serves as the Chairperson of the CFOF Clinical Oversight Committee.