



California Institute for Behavioral Health Solutions
Continuum of Care Reform Technical Assistance

Understanding Trauma-Informed Care – Webinar Series 2017

Learning Objectives

Part 1: *Why Trauma-Informed Care?*

Participants will be able to:

- Identify at least two standard definitions of trauma.
- Define Adverse Childhood Experiences (ACEs) and ACE Scores, and identify two ways in which ACEs impact youth in the child welfare system.
- Describe two ways in which early childhood trauma impacts infant/child brain development.

Part 2: *Interventions for Child Welfare*

Participants will be able to:

- Recognize three types of trauma typically experienced by children in the child welfare system.
- Name the components of a trauma-informed system and identify two ways in which the principles of trauma-informed care can be applied to their specific workplaces.
- Identify three interventions they can use to help clients identify triggers, obtain emotional regulation, and teach clients self-care techniques.

Part 3: *Trauma and Specific Issues for Child Welfare and Building Strengths*

Participants will be able to:

- Identify three methods to address common behavioral health issues seen in child welfare settings such as behavioral issues, early-onset psychosis, and substance use disorders.
- Distinguish the difference between compassion fatigue, burnout, and vicarious trauma.
- Identify two methods for self-care to prevent burnout, compassion fatigue and/or vicarious trauma.

For further information, please contact: ccr@cibhs.org