

Field Mentoring Preparation Worksheet

Worker's Name _____

1. What specific skill or method would you like to learn? (E.g. I want to learn how to use the Strengths Assessment to identify goals that are meaningful or important to the person, I want to learn how to use the Recovery Goal Worksheet to break down goals into measurable steps, I want to learn how to help a client process decisional uncertainty about pursuing a particular goal, etc.)

2. Are there any clients with whom you would like to practice this skill or method? What setting would work best for the field mentoring session (i.e. in the client's home, in the office, out in the community)?

3. How would this client benefit from the field mentoring session? (Describe a tangible benefit that would be meaningful or important to the client for participating with you in the field mentoring session)

4. What role would you like your supervisor to play in the field mentoring session?
 - I would like my supervisor to model the skill and then discuss afterward.
 - I would like my supervisor to observe me practicing the skill and then discuss afterward
 - I would like to take the lead role in practicing the skill, but would like my supervisor to prompt me to use a skill if needed
 - I would like my supervisor to role play a situation with me so I can practice the skill or observe the skill being used
 - Other role (please describe):