

***EVIDENCE BASED PRACTICE
SYMPOSIUM
Aggression Replacement
Training®***

CIMH

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FACILITATOR SESSION

Program Fidelity

- Adherence to fidelity protocols as designed by ART program developers.

Program Integrity

- **For both prevention and intervention programs, is defined as delivery of the program as planned and designed.**

ART Implementation Barriers

1. Behavior Management
2. ART as Individual Therapy
3. Role-Plays
4. Use of Fidelity Tools
5. Motivators/Incentives
6. Use of Video-Taping
7. Homework/Hassle Logs
8. Developmentally –delayed clients
9. Open-ended groups
10. Facilitator frustration- Program Integrity

Systems Approach

- **Parents**
- **Peers**
- **Siblings**
- **Teachers**
- **School administrators**
- **Community figures:**
 - Religious**
 - Business**
 - Agency**
 - Police**
 - Probation**
 - Others**

Generalization Strategies

- 1. Increase quantity of the intervention.**
- 2. Increase quality of the intervention.**
- 3. Increase system support and reciprocity.**
- 4. Build more potent interventions.**

FACILITATOR REQUIREMENTS

- **Two day initial clinical training.**
- **One day booster 120 days following training**
- **Fidelity tool submission**
- **Direct group observation**
- **Face to face debriefing**
- **Submission of 2 videotapes**

Proficiency Standards

- Meet proficiency score of 3.0 on evaluation by Master Trainer.
- Submission of fidelity tools.
- Participation in consultation calls with Master Trainer.
- Submission of two videotapes and proficiency score of 3.0 by Master Trainer.

Developmental Needs of Adolescents

- Physical Activity
- Competence and Achievement
- Self-Definition
- Creative Expression
- Positive Social Interaction (Peers & Adults)
- Structure and Clear Limits
- Meaningful Participation

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