

Youth Opioid Response Marin Project

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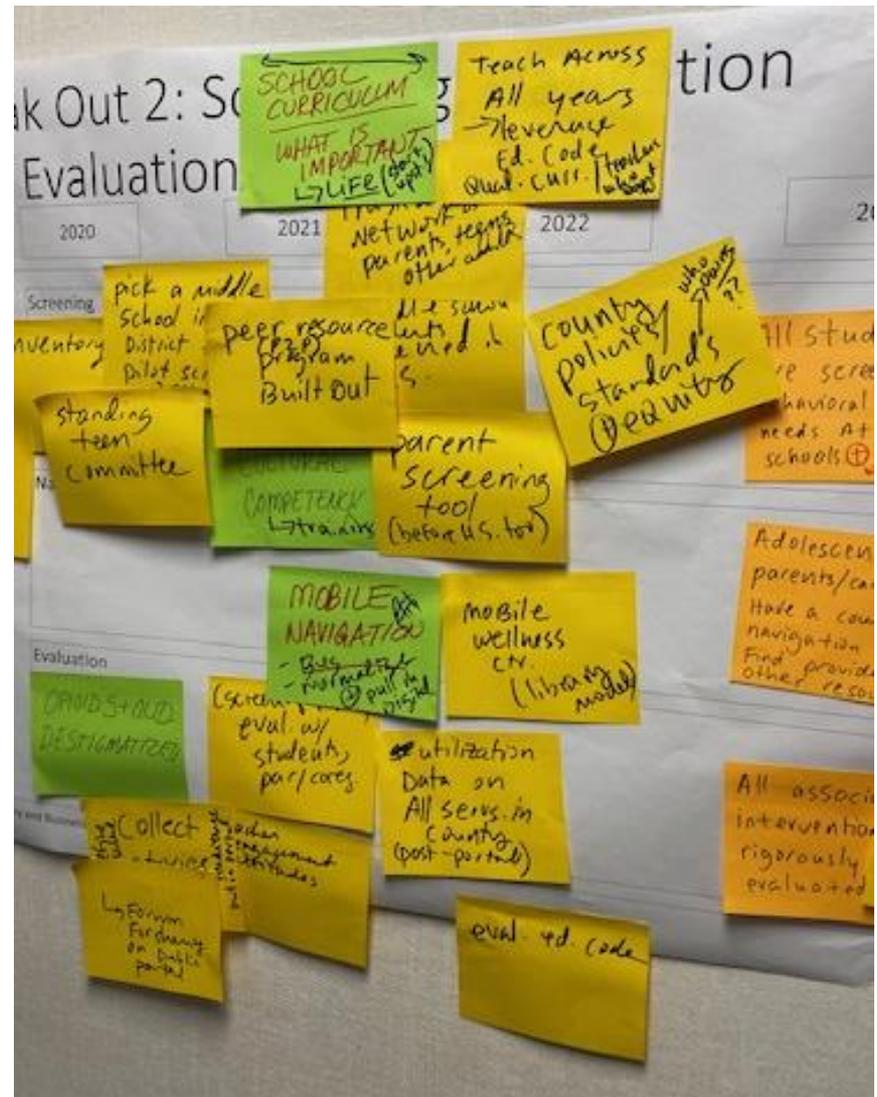
Project Goal: Improve and Expand Access to OUD, Anxiety and Depression prevention, intervention and treatment for high school-aged youth and their families.

- Understand models for connecting students to care through school screening
- Understand methods for screening students in schools
- Understand current extent of service offered in schools, how providers/ payers can fill service gaps
- Identify social, legal, policy, economic barriers
- Identify data inputs to be able to measure project outcomes over time



What We Did

- Literature review
- Interviews and focus groups with over 50 individuals (e.g., adolescents, parents, school administrators, health care providers)
- Three community meetings



Key Findings

Adolescents

- There is not standardized, widespread use of **behavioral health screenings** early enough to prevent conditions from becoming more severe.
- When adolescents' substance use disorder and mental health conditions are identified, they are often **not able to get the care they need** due to provider shortages, cost or lack of time.
- Resources meant to benefit adolescents need to be **co-designed** by adolescents.

Parents

- Some parents and families **do not recognize substance use as a top issue** impacting the health and wellness of students in Marin County.
- When a mental health or substance use issue is identified, parents are eager to find resources for their children but **may not know how to navigate** the health care system to find help.

Schools

- **More resources (e.g., human, financial, health services)** should be put towards high school health and wellness to sustain and expand these programs.
- High schools and partners are pursuing new approaches to prevention education, and there is an opportunity to incorporate other methods.

Policy

- There is widespread recognition that adolescent opioid use and mental health are problems in Marin County, but they **have not garnered the same level of urgency** as other issues, like vaping.
- There is often a **lack of data** to fully describe the scope of adolescent behavioral health.
- There are many efforts around adolescent and high school health and wellness across Marin County, but there is **not enough coordination**.

Next Steps

Vision Statement

Marin County adolescents and their families have access through their high schools to a continuum of opioid use disorder (OUD) prevention, intervention, and other treatment and recovery services.

Actions to enhance high school wellness infrastructure and sustainability		
Action	<i>Potential county lead</i>	<i>Anticipated completion</i>
House YOR project within RxSafe Marin as an ongoing RxSafe Marin action group	RxSafe Marin YOR	Q2/2020 – Completed!
Assess wellness capabilities across high schools and identify where gaps exist	Wellness Collaborative	Q4/2020
Explore public-private partnership to sustain public high school wellness in Marin County	Wellness Collaborative	Q1/2021
Analyze what policies need to be changed at the state and/or local level for high school wellness to succeed	RxSafe Marin YOR	Q2/2021

Actions to improve identification, navigation and data collection		
Action	<i>Potential county lead</i>	<i>Anticipated completion</i>
Develop and adapt existing trainings for teachers, families and adolescents to better prevent and identify opioid use disorder (OUD)	RxSafe Marin YOR/ Wellness Collaborative	Q4/2020
Create a partnership with Crisis Text Line	RxSafe Marin YOR/ Marin Prevention Network	Q4/2020
Develop navigation for case management services to track access to treatment and address follow up needs	RxSafe Marin YOR	Q1/2021
Create a data dashboard to track key youth behavioral health indicators in Marin County	RxSafe Marin YOR	Q1/2021
Consider a pilot study of universal screenings	RxSafe Marin YOR	Q2/2021